

2017 Long Course Cross Country Championships - 9/07/2017**Carisbrooke Reserve, Salisbury****Results - ASA Long Course Cross Country****Event 1 Men 4k Run CC Under 16**

Name	Age	Team	Finals	Points
Results - Men				
1 595 Aidan Ross		FLINDERS - SA	13:48.37	
2 84 Riley Konecny		ENFIELD HARRIERS - SA	13:53.68	
3 449 Joe Cross		PEMBROKE - SA	14:04.50	
4 608 Adam Goddard		SAINTS - SA	14:22.06	
5 137 Bradley Hilton		HILLS DISTRICT - SA	14:48.28	
6 204 Toby Cook		PEMBROKE - SA	15:02.74	

Event 2 Women 4k Run CC Under 16

Name	Age	Team	Finals	Points
Results - Women				
1 319 Zahli Clarke		PEMBROKE - SA	15:56.00	
2 129 Lucy Mauviel		PEMBROKE - SA	16:06.18	
3 411 Caitlin Slobedman		HILLS DISTRICT - SA	16:24.83	
4 316 Hailey Siebert		PORT ADELAIDE - SA	17:13.80	
5 2229 Charley Kennedy-Dinan		ATHLETICS SA	18:19.18	
6 895 Eloise Sandow		PEMBROKE - SA	18:54.55	
7 222 Ella Leggett		NORTHERN DISTRICTS - SA	19:31.85	

Event 3 Women 4k Run CC Under 18

Name	Age	Team	Finals	Points
Results - Women				
1 405 Brooke McGregor		HILLS DISTRICT - SA	15:59.38	
2 125 Ella Ayres		SAINTS - SA	16:06.18	
3 448 Bethany Cross		PEMBROKE - SA	18:01.85	
4 2219 Emma Crossing		ATHLETICS SA	18:05.23	

Event 4 Men 3k Run CC Under 14

Name	Age	Team	Finals	Points
Results - Men				
1 315 Kodi Parkinson		HILLS DISTRICT - SA	10:26.75	
2 834 Jonathan Harris		SAINTS - SA	10:56.55	
3 314 Henry Braithwaite		PEMBROKE - SA	11:07.81	
4 102 Cael Mulholland		ADELAIDE HARRIERS - SA	11:13.07	
5 2227 Alex Twartz		UNA	11:44.53	

2017 Long Course Cross Country Championships - 9/07/2017**Carisbrooke Reserve, Salisbury****Results - ASA Long Course Cross Country****Event 5 Women 3k Run CC Under 14**

Name	Age	Team	Finals	Points
Results - Women				
1 583 Kiera Ross		PEMBROKE - SA	12:01.90	
2 174 Molly Cook		PORT ADELAIDE - SA	12:12.35	
3 638 Aimee Hacquoil		PEMBROKE - SA	12:28.59	
4 2223 Sarah Goodwin		UNA	13:34.00	
5 822 Noa Goddard		ADELAIDE HARRIERS - SA	14:26.19	
6 923 Lana Schwerdt		PEMBROKE - SA	14:42.96	

Event 6 Men 6k Run CC Under 18

Name	Age	Team	Finals	Points
Results - Men				
1 457 Patrick Goodwin		FLINDERS - SA	21:13.07	
2 838 Bailey Dyer		FLINDERS - SA	21:32.98	
3 175 Marco Els		HILLS DISTRICT - SA	22:48.30	
4 2237 Sam Thomas		ATHLETICS SA	23:42.96	
5 458 Scott Goodwin		FLINDERS - SA	23:48.10	
6 381 Bradley Thring		NORTHERN DISTRICTS - SA	25:08.03	
7 882 Daniel Bourke		ADELAIDE HARRIERS - SA	26:15.88	

Event 7 Women 6k Run CC Under 20

Name	Age	Team	Finals	Points
Results - Women				
1 710 Sophie Morphett		PEMBROKE - SA	25:17.14	
2 136 Cass Barker		HILLS DISTRICT - SA	27:39.83	

Event 8 Women 6k Run CC Over 50

Name	Age	Team	Finals	Points
Results - Women				
1 147 Felicity Alexander		HILLS DISTRICT - SA	35:54.00	

Event 9 Men 10k Run CC Open

Name	Age	Team	Finals	Points
Results - Men				
1 44 Max Stevens		HILLS DISTRICT - SA	37:56.35	
2 19 Rhys Jones		ADELAIDE HARRIERS - SA	38:49.49	
3 956 Andy Axford		HILLS DISTRICT - SA	39:37.37	
4 240 Matt Axford		HILLS DISTRICT - SA	41:24.15	

2017 Long Course Cross Country Championships - 9/07/2017**Carisbrooke Reserve, Salisbury****Results - ASA Long Course Cross Country****Event 10 Women 10k Run CC Open**

Name	Age	Team	Finals	Points
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Results - Women

1	87 Fleur Wellings	FLINDERS - SA	42:10.43	
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Event 11 Men 10k Run CC Over 35

Name	Age	Team	Finals	Points
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Results - Men

1	121 Paul Mulholland	ADELAIDE HARRIERS - SA	39:13.45	
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Event 15 Men 10k Run CC Open Para

Name	Age	Team	Finals	Points
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Results - Men

1	37 Timon Sideris T/F20	HILLS DISTRICT - SA	44:04.34	
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Event 12 Women 8k Run CC Over 35

Name	Age	Team	Finals	Points
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Results - Women

1	33 Lisa Davis	HILLS DISTRICT - SA	32:44.34	
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2	659 clare stacey	MASTERS - SA	35:18.34	
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3	955 Jane Mudge	HILLS DISTRICT - SA	35:19.20	
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Event 13 Men 8k Run CC Under 20

Name	Age	Team	Finals	Points
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Results - Men

1	2221 Samuel Rattray	BOX HILL - VIC	27:54.99	
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2	69 Matthew Gluyas	HILLS DISTRICT - SA	28:15.21	
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3	400 Harrison Bagley	TEA TREE GULLY - SA	28:29.70	
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4	430 Maxwell Spurling	HILLS DISTRICT - SA	29:39.38	
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5	310 Nicklaus Blum	WESTERN DISTRICT - SA	30:00.88	
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Event 14 Men 8k Run CC Over 50

Name	Age	Team	Finals	Points
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Results - Men

1	420 Richard Everson	ADELAIDE HARRIERS - SA	33:04.08	
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2	123 Peter Sandery	ADELAIDE HARRIERS - SA	35:49.38	
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